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The Alexander Technique, named after its creator Frederick Matthias Alexander, is an educational process that was created to retrain habitual patterns of movement and posture. Alexander believed that poor habits in posture and movement damaged spatial self-awareness as well as health, and that movement efficiency could support overall physical well-being.

Alexander Technique - Wikipedia

Volume XV Number 4 35 The Field of Somatics œF. Matthias Alexander, father of the Alexander Technique, was the first per-son to take somatic education out of

The Alexander Technique

Alexander is a male given name.. Alexander may also refer to:

Alexander (disambiguation) - Wikipedia

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TRANSFERENCE AND COUNTERTRANSFERENCE

Clays and Clay Minerals, Vol. 49, No. 6, 514-528, 2001. QUANTITATIVE X-RAY DIFFRACTION ANALYSIS OF CLAY-BEARING ROCKS FROM RANDOM PREPARATIONS JAN SRODOI~ 1'3*, VICTOR A. DRITS 2'3, DOUGLAS K. MCCARTY 3, JEAN C.C. HSIEH 3 AND DENNIS D. EBERL 4 1 Permanent address: Institute of Geological Sciences PAN, Senacka 1, 31-002 Krak6w, Poland

QUANTITATIVE X-RAY DIFFRACTION ANALYSIS OF CLAY-BEARING

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Figure 2-3 SBAR Source: Kaiser Permanente. SBAR Communication Technique The SBAR communication technique can be adapted to hand-off documentation for patient transfer at any

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Adam T. Hill, Philip M. Gold, Ali A. El Solh, Joshua P. Metlay, Belinda Ireland, Richard S. Irwin on behalf of the CHEST Expert Cough Panel

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